



NORA MITTENS JUNIOR

Nora Mittens Junior are a pair of mittens perfect for fall and winter. The mittens are knitted with a Nordic inspired star pattern and can be knitted in four different sizes for ages 2-10 years old. **Note:** The mittens are knitted in wool which can lead to the mittens felting and shrinking in use.

**Sizes:** 2 (3-4) 5-7 (8-10) years old

1 (2) 3 (4)

**Total length (without ribbing):** approx. 10 (12) 13 (15,5) cm

**Width:** approx. 6 (6,5) 7 (7,5) cm

**Gauge (before wash and blocking):** 34 m x 33 rows in Fair Isle pattern in the round on 3 mm [U.S. 3] needles = 10 x 10 cm

**Recommended needles:** 3 mm [U.S. 3] circular needles (at least 60 cm if you use the magic loop technique) or 3 mm [U.S. 3] double pointed needles.

**Material suggestions:** 40 (40) 50 (50) g Sock fra Unik Garn (50 g = 210 m)

40 (40) 50 (50) g Jawoll by Lang Yarns (50 g = 210 m)

or 40 (40) 50 (50) g Meilenweit Soja by Lana Grossa (100 g = ca. 400 m)

or 40 (40) 50 (50) g Arwetta Classic by Filcolana (50 g = 210 m)

**Materials for two mittens:** 50 (50) 50 g Jawoll for the main color and 50 (50) 50 g of Jawoll for the contrast color and ribbing.

The mittens on the picture are knitted in 3-4 years old in Sock by Unik Garn in the colorways white and valentine.

#### ABBREVIATIONS

st(s) = stitch(es)

r = row/rows

k = knit

p = purl

inc = increase

\* \_ \* = repeat from \* to \*

PM = place marker

k1 = knit one stitch

MC = main color

CC = CC

M = stitch marker

n = needle

edge-st = edge stitch (the stitch in the CC on each side of the mitten)

## TECHNIQUES

### Increases

Make 1 left (M1L): insert the left needle under the strand to the left of the st from the front, knit this strand through the back loop (the increase is leaning to the left).

Make 1 right (M1R): insert the left needle under the strand to the right of the st from the back, knit this strand through the front loop (the increase is leaning to the right).

### Decreases

Knit 2 together (k2tog): insert the needle into 2 sts and knit them together (decrease leans to the right).

Knit 2 together through the back loop (k2tog tbl): insert the needle into 2 sts and knit them together through the back loop (decrease leans to the left).

### Dominant color in Fair Isle

The dominant color is the color which will be the most prominent and is closest to your work (dark grey (CC) in the Fair Isle patterns, while the MC is light grey). The CC is usually the dominant color. I usually knit with the dominant color in my left hand and the MC in my right hand, and not holding both yarn in one hand (as the person does in the guiding videos). You can also let go of one of the yarns and pick up the other one. There are plenty of ways to knit with a dominant color.

### 4 tips for Fair Isle

1. If you choose to work with different colors than the Fair Isle chart, I recommend coloring the pattern by hand in your colorwork. This way you can follow your own chart.
2. PM before and after the last edge-st, where the inc for the thumb will be done, so you know where to work Fair Isle and where to work stripes and inc.
3. Make sure to work the first row with the Fair Isle pattern just like the chart, as the rest of the pattern otherwise will not fit when working the following rows.
4. Please note that there should be no more than 4 sts between every color. If there are more than 4 sts between, the strands should be winded behind each other on the inside of the mitten.

## VIDEOS

### **Links for guiding videos (yarn is held in the left hand)**

Magic loop technique: <https://www.youtube.com/watch?v=1mqIqRdJc68&t=123s>

M1R: <https://www.youtube.com/watch?v=lsJndA4LzR8>

M1L: <https://www.youtube.com/watch?v=lsJndA4LzR8>

k2tog: <https://www.youtube.com/watch?v=Lx8BySRLIAE>

k2tog-tbl: <https://www.youtube.com/watch?v=mXBiWdbxmMk>

Dominant color and Fair Isle: <https://www.youtube.com/watch?v=wdTM4ngvcRU>

video 1: Cast on <https://www.youtube.com/watch?v=SXA3gBNiSiM&t=196s>

video 6: Avoiding holes by the thumb <https://www.youtube.com/watch?v=oBko4ERD9Ek>

video 9: Weave in the ends <https://www.youtube.com/watch?v=v-p4qsiyul8>

### **Guiding videos made by Knitliddt specifically for Fair Isle mittens (yarn in the right hand and Danish audio)**

video 2: M1R and M1L for the thumb <https://youtu.be/1WuUmlx60U8>

video 3: Put sts on hold and cast on <https://www.youtube.com/watch?v=o3TCG4VSyHQ>

video 4: k2tog and k2tog-tbl <https://youtu.be/nTNJLXvDiHk>

video 5: Casting off the mitten <https://youtu.be/lpGXqCCw6js>

video 7: The thumb <https://youtu.be/LbYKkG-ZK2k>

video 8: Increases for the thumb and casting off <https://youtu.be/OQAWkmbVVac>

## PATTERN

### Left mitten

Cast on 36 (39) 42 (45) sts in CC on 3 mm [U.S. 3] double pointed needles or a circular needle (at least 60 cm) ([video 1](#)). PM to mark the beginning of the r. Work the rib in the round: k2, p1. Repeat until your work measures 5 (5) 6 (6) cm or until preferred length.

Work 1 r in CC and M1R 4 (5) 6 (7) times distributed equally, until you reach 60 (64) 68 sts in total.

Use the Fair Isle chart 2A (3A) 4A (5A): The round starts by the 1<sup>st</sup> stitch of the Fair Isle charts (**White boxes should not be knitted**).

Work 1 r of chart 2A (3A) 4A (5A) and mark inc for the thumb as follows: Knit 16 (18) 20 (22) sts according to Fair Isle pattern, PM1, k1 in CC, PM2, knit according to Fair Isle pattern to the end of r.

On the 2<sup>nd</sup> r, work according to charts 2A (3A) 4A (5A) and 1A (1B) 1C (1D) **simultaneously** (note that after the 4<sup>th</sup> r, the thumb should only be knitted according to charts 1A (1B) 1C ): make 1 inc on each side of the 17<sup>th</sup> (19<sup>th</sup>) 21<sup>st</sup> (23<sup>rd</sup>) st in the chart with the MC yarn: knit 16 (18) 20 (22) sts according to pattern, move M1, M1R, K1, M1L, move M2, knit the rest of the r according to pattern ([video 2](#)). Continue increasing on every other r alternating by CC and MC according to chart 1A (1B) 1C (1D).

Work a total of 13 (14) 16 (18) r in Fair Isle with inc for the thumb on every 2<sup>nd</sup> r until there are 13 (15) 17 (19) sts for the thumb.

On the 14<sup>th</sup> (15<sup>th</sup>) 17<sup>th</sup> (19<sup>th</sup>) r, work in Fair Isle pattern also over the 3 edge-sts of the inside of the mitten and put the 13 (15) 17 (19) sts on hold for the thumb (these sts will be picked up later). Now cast on 5 sts so they fit the striped thumb pattern by doing the following for size 1 (2) 3: Cast on 5 sts, alternating between MC, CC, etc. (CC, MC etc.) MC, CC etc. (MC, CC etc.) and work to the end of the row in Fair Isle pattern ([video 3](#)).

On the 15<sup>th</sup> (16<sup>th</sup>) 18<sup>th</sup> (20<sup>th</sup>): Continue working in Fair Isle according to chart 2A (3A) 4A (5A) on the next r also over the 5 cast on sts and the 3 edge-st.

Work another 13 (16) 16 (21) r in Fair Isle.

On the 29<sup>th</sup> (33<sup>rd</sup>) 34<sup>th</sup> 42<sup>nd</sup> r, make decreases on both sides of the mitten by the outer edge-sts: \*K1, k2tog-tbl, work in Fair Isle until 1 st before the edge-st, k2tog, K1, k2tog-tbl, work in Fair Isle 1 st before the last edge-st and k2tog\* ([video 4](#)). Repeat from \*\_\* until there are 8 sts left. Cut the yarn and make sure to leave 10 cm of both strands.

Consider placing 1 st marker on each of the CC sts that are across from each other to put them on hold (they will be picked up later). With 3 mm [U.S. 3] needles: Pull the CC yarn tail through the 5 sts that are between the 2 CC edge-sts, tightening afterwards. Knit the two CC edge-sts together and pull the yarn through, which will cast it off on top of the other sts ([video 5](#)).

### **Thumb**

Pick up the 13 (15) 17 (19) sts, you previously put on hold and the additional 5 sts that were cast on on 3 [U.S. 3] mm double pointed needles (= 26 (28) 30 sts in total) ([video 6](#)).

**Tip to avoid hole at thumb:** ([video 7](#)). Pick up 1 st on each side of the 5 picked up sts (2 extra sts all together besides the 5 picked up sts (= 20 (22) 24 (26) in total). Knit the first picked up st together with the st picked up on the end of the left side of the beginning of round and knit the second picked up stitch together with the picked up st at the end of the round on the right side of round so the number of sts is 18 (20) 22 (24) again.

Continue in stockinette stitch over the 5 cast on sts and make sure the color you start working with corresponds with Fair Isle chart 1A (1B) 1C (1D). Work 3 (3,5) 3,5 (4) cm (until preferred length) in stockinette stitch corresponding with Fair Isle chart 1A (1B) 1C measured from where the sts for the thumb were put on hold. Try on the mitten to determine how long the thumb should be.

When the thumb has the desired length, make increases as follows (the 1<sup>st</sup> st on the r must be MC) ([video 8](#)): Alternate between MC and CC yarn to work k2tog and k2tog-tbl until there are 12 sts left.

Casting off is done the same way as with the tip of the mitten. You must decide which two stripes will meet at the outermost part of the thumb. Insert a SM in the 2 sts and put on hold. Cast off the remaining sts with CC in between the 2 sts that are on hold. Then the 2 remaining sts are placed on to the needle and cast off with MC.

### **Right mitten**

The right mitten is worked according to Fair Isle charts 2B (3B) 4B (5B).

Work the rib the same way as the left mitten.

Work 1 r of the Fair Isle charts 2B (3B) 4B (5B) and mark inc for the thumb as follows: Knit 2 sts according to Fair Isle pattern, PM, k1 in CC, PM, knit according to Fair Isle pattern to the end of r.

Now follow the instruction for the left mitten with diagram 2B (3B) 4B (5B) and 1A (1B) 1C (1D).

Weave in all the ends ([video 9](#)).



## FAIR ISLE CHARTS

- **White boxes** in the Fair Isle charts **should not be knitted**.
- The round starts from right to left by the 1<sup>st</sup> st in the Fair Isle charts (the middle st om the 3 first edge-sts).
- There are 10 edge-sts in total until the sts for the thumb have been put on hold, then the number of edge-sts are 6.
- The last edge-st is the 44<sup>th</sup> (48<sup>th</sup>) 52<sup>nd</sup> (56<sup>th</sup>) st in the Fair Isle charts 2 (3) 4 (5) (the 40<sup>th</sup> (44<sup>th</sup>) 48<sup>th</sup> (52<sup>nd</sup>) st on the needle).
- The different thumb sizes are marked in diagram 1A (1B) 1C (1D) and is **only shown to scale** in the width.
- **Red lines** mark the thumb in chart 2 (3) 4.
- Remember to keep the dominant color consistent, which is the yarn being held closest to your work (CC on the chart).

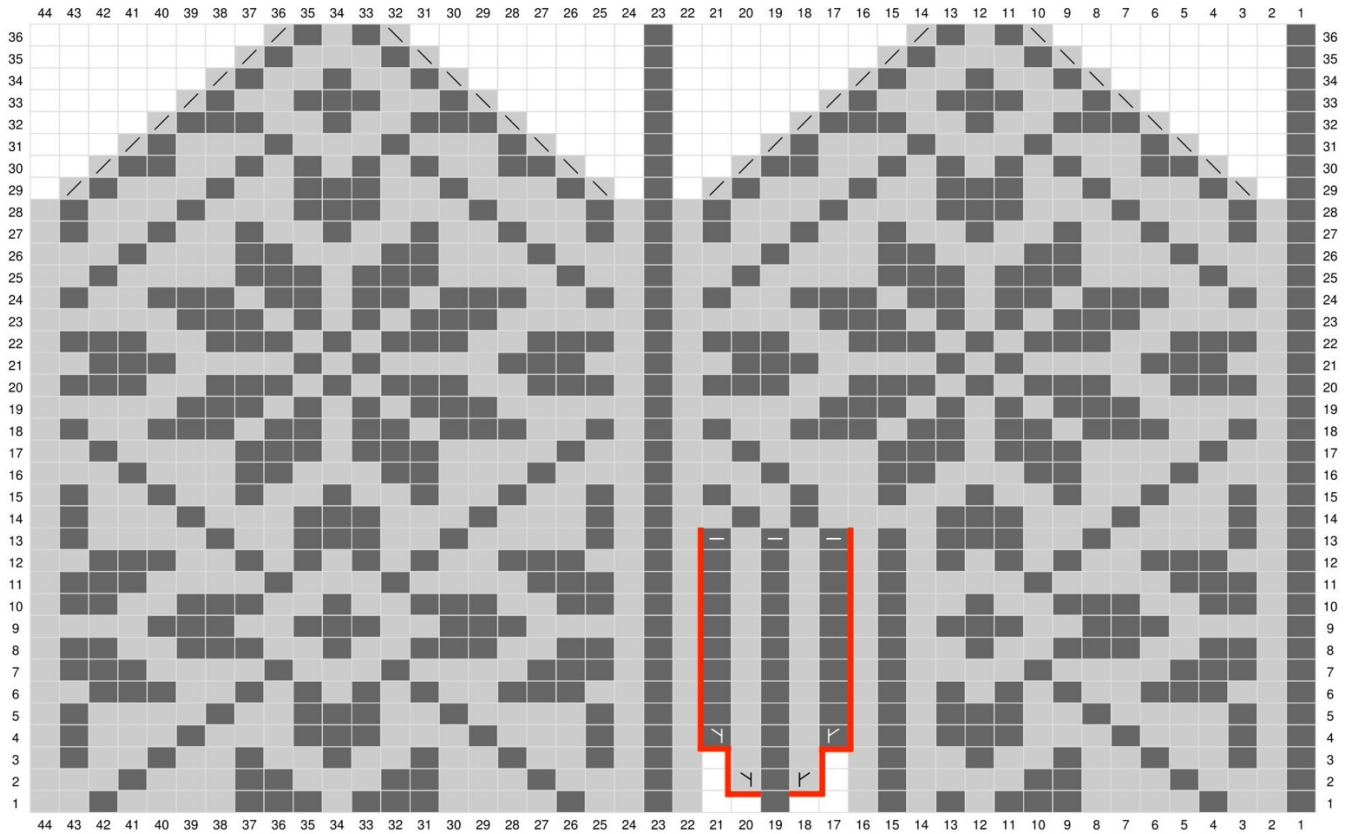
### ICONS

|                                                                                     |                                                   |                                                                                     |     |                                                                                     |                        |
|-------------------------------------------------------------------------------------|---------------------------------------------------|-------------------------------------------------------------------------------------|-----|-------------------------------------------------------------------------------------|------------------------|
|  | Main color                                        |  | M1R |  | Decrease leaning left  |
|  | Contrast color                                    |  | M1L |  | Decrease leaning right |
|  | Marks the last round with increases for the thumb |                                                                                     |     |                                                                                     |                        |

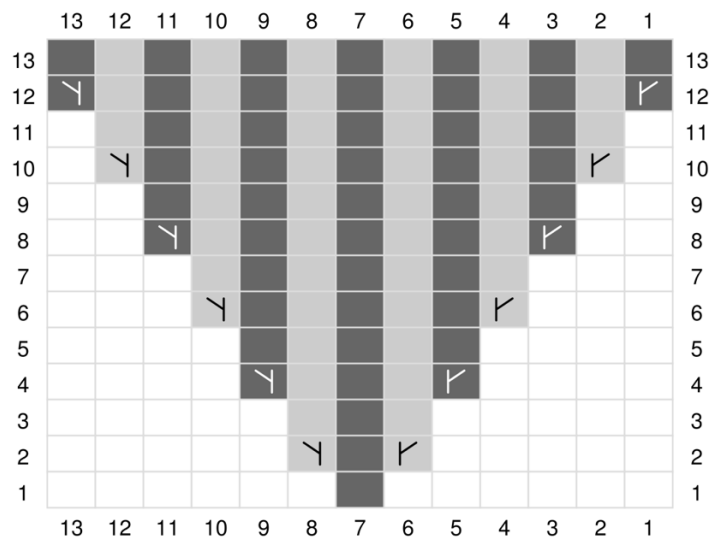


## Chart 2A: Left mitten size 1

Make inc for the thumb after working 1 r in Fair Isle on both sides of the 19<sup>th</sup> st in the chart (the 17<sup>th</sup> st on the needle).

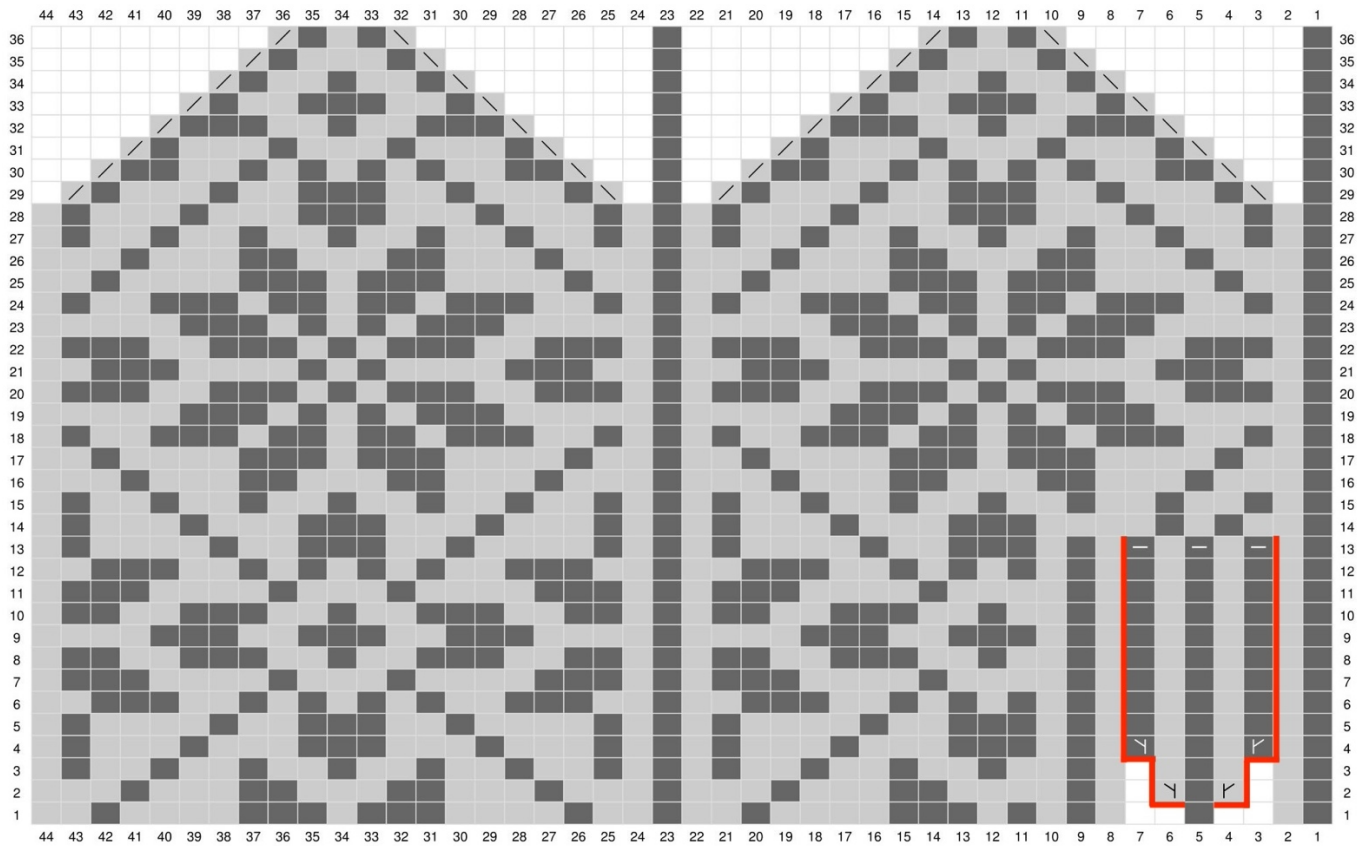


## Chart 1A: Thumb size 1



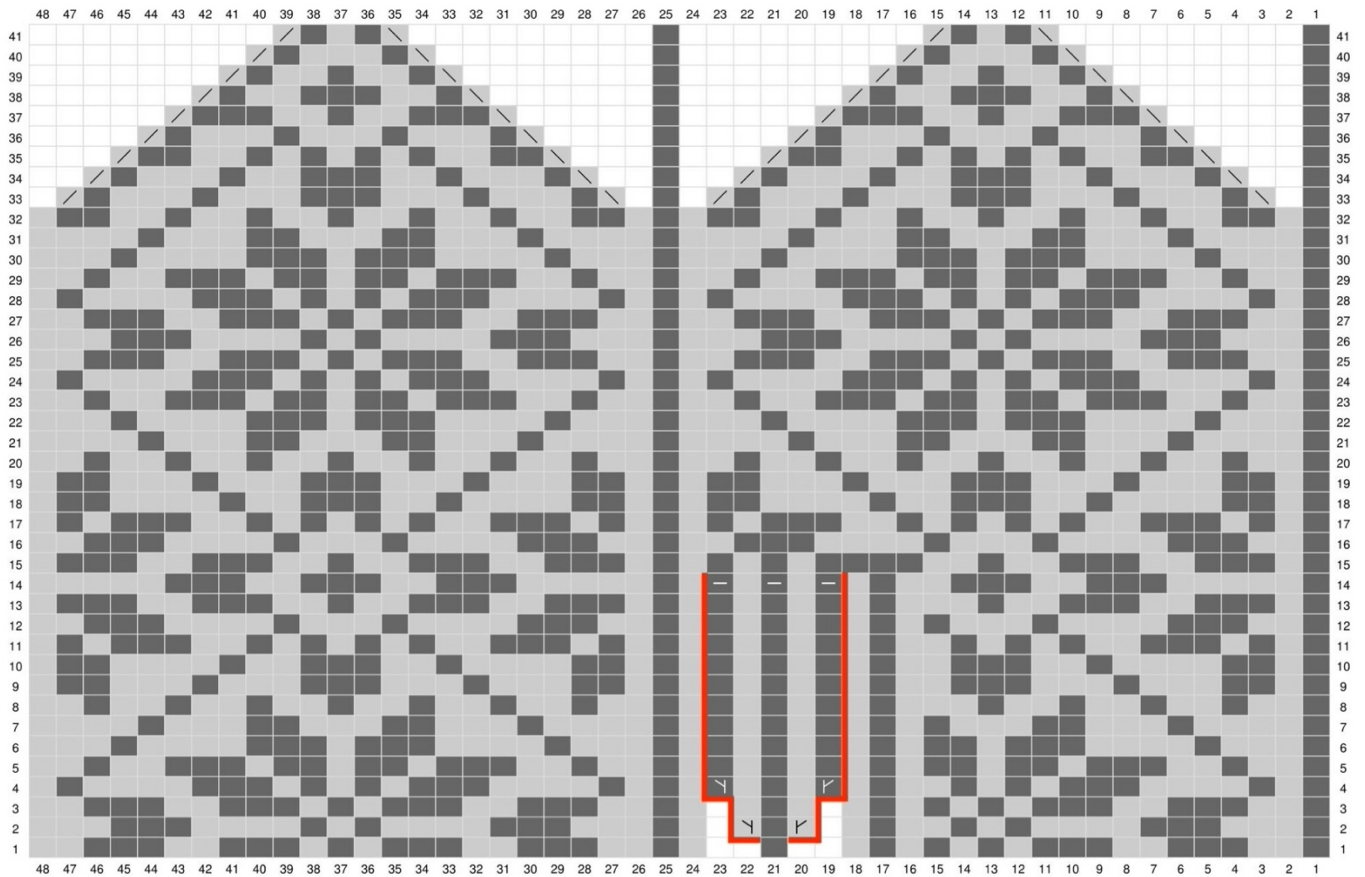
## Diagram 2B: Right Mitten size 1

Make inc for the thumb after working 1 r in Fair Isle on both sides of the 5<sup>th</sup> st in the chart (the 3<sup>rd</sup> st on the needle).

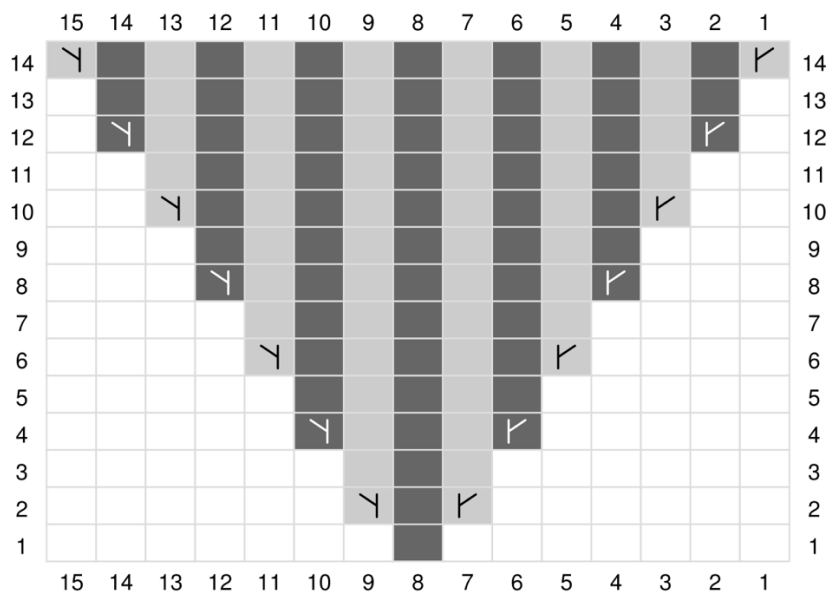


### Chart 3A: Left mitten size 2

Make inc for the thumb after working 1 r in Fair Isle on both sides of the 21<sup>st</sup> st in the chart (the 19<sup>th</sup> st on the needle).

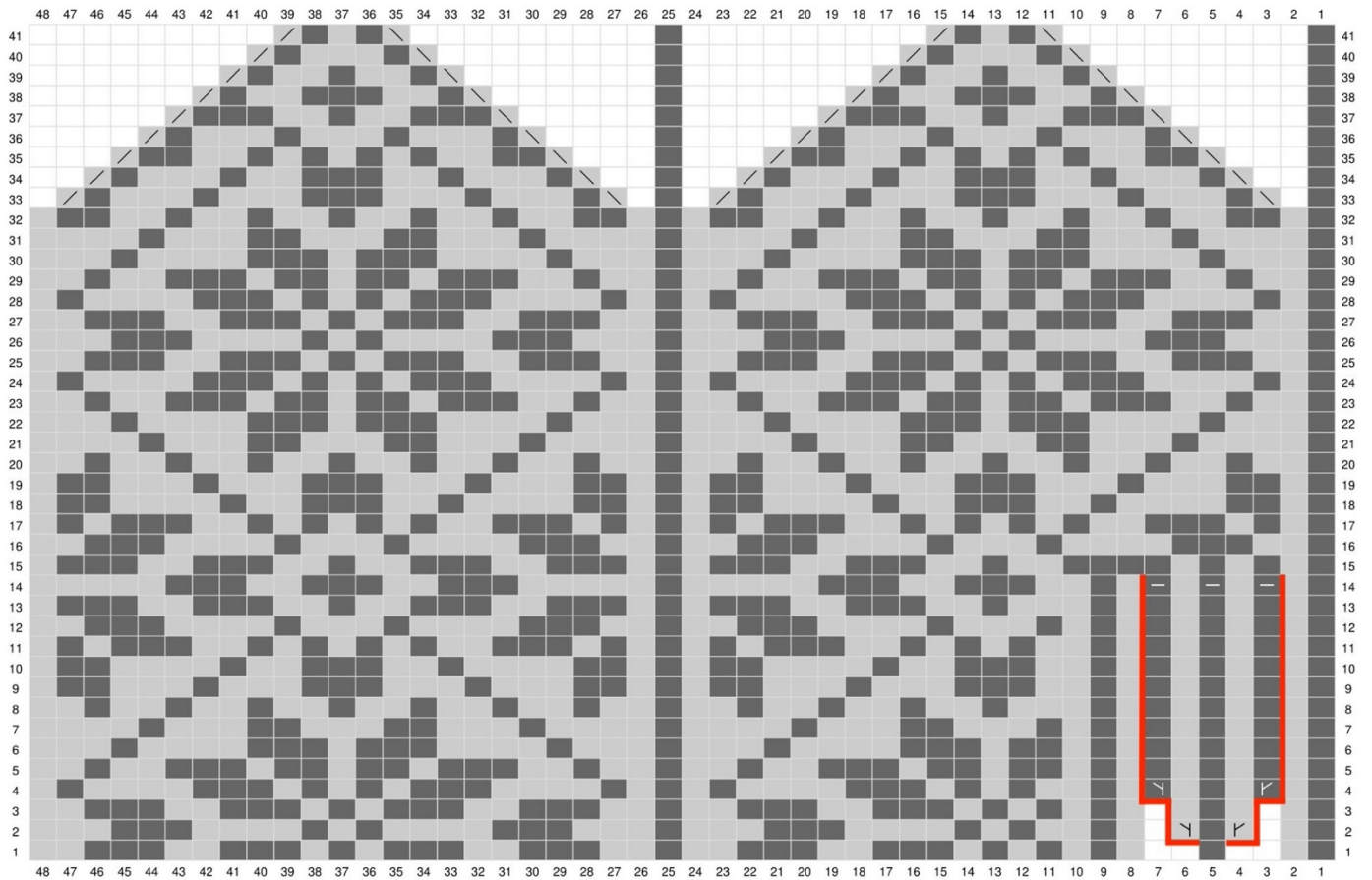


### Chart 1B: Thumb size 2



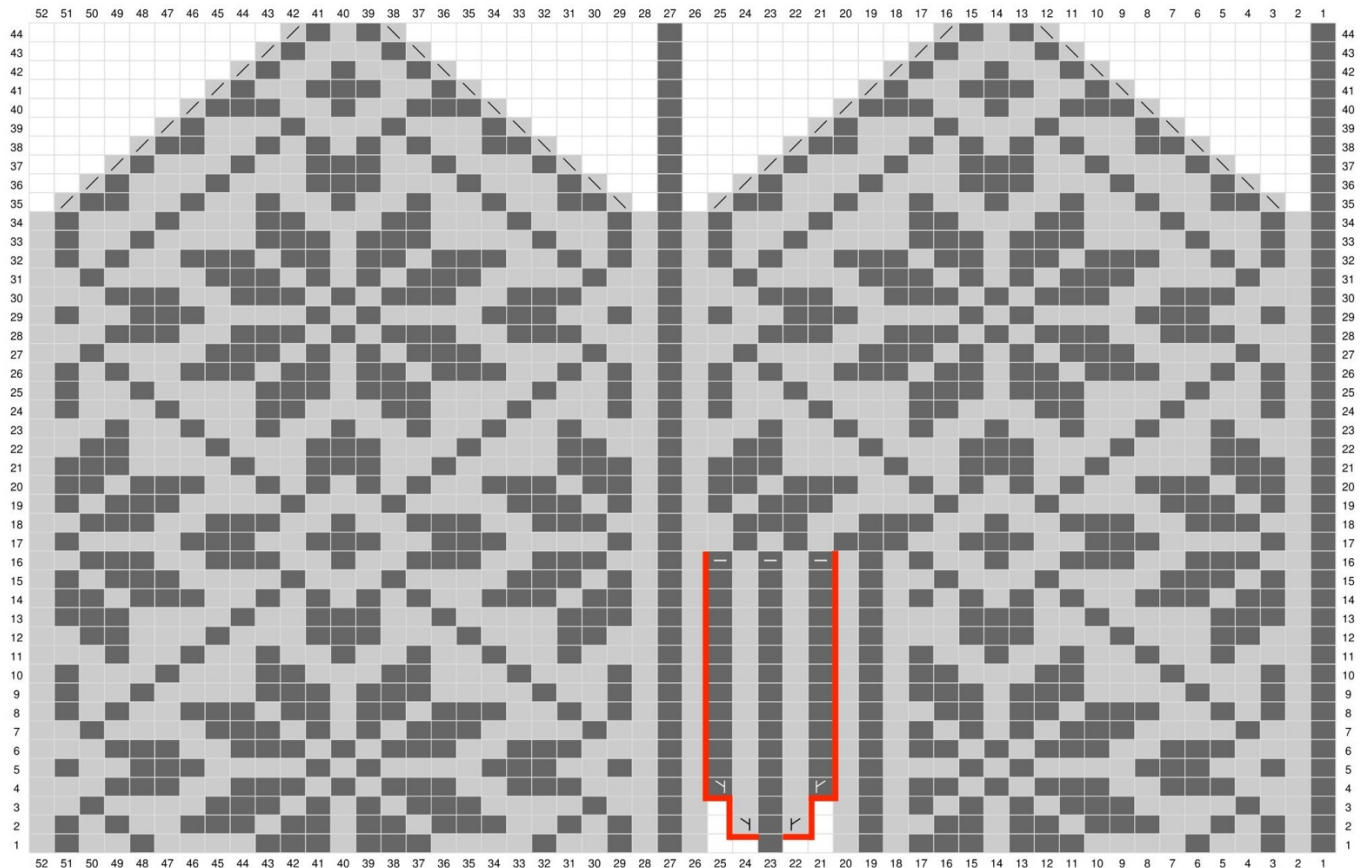
### Diagram 3B: Right Mitten size 2

Make inc for the thumb after working 1 r in Fair Isle on both sides of the 5<sup>th</sup> st in the chart (the 3<sup>rd</sup> st on the needle).

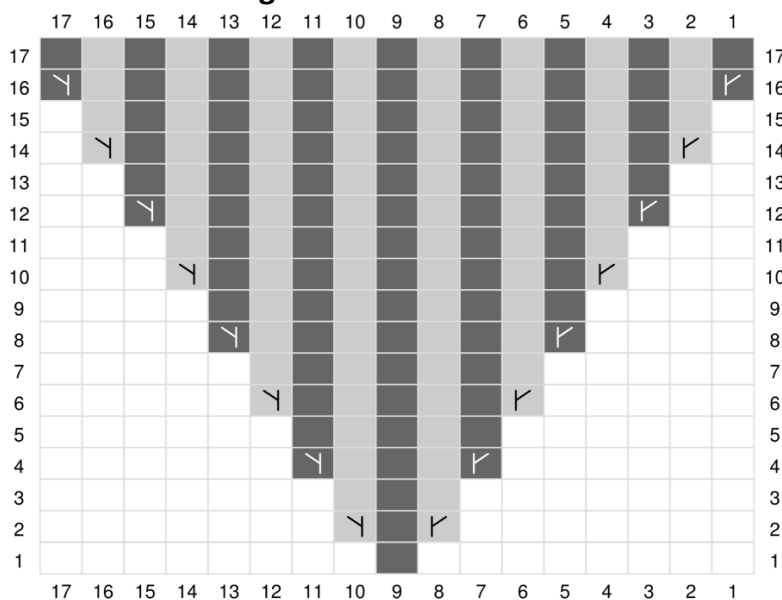


### Chart 4A: Left mitten size 3

Make inc for the thumb after working 1 r in Fair Isle on both sides of the 23<sup>rd</sup> st in the chart (the 21<sup>st</sup> st on the needle).

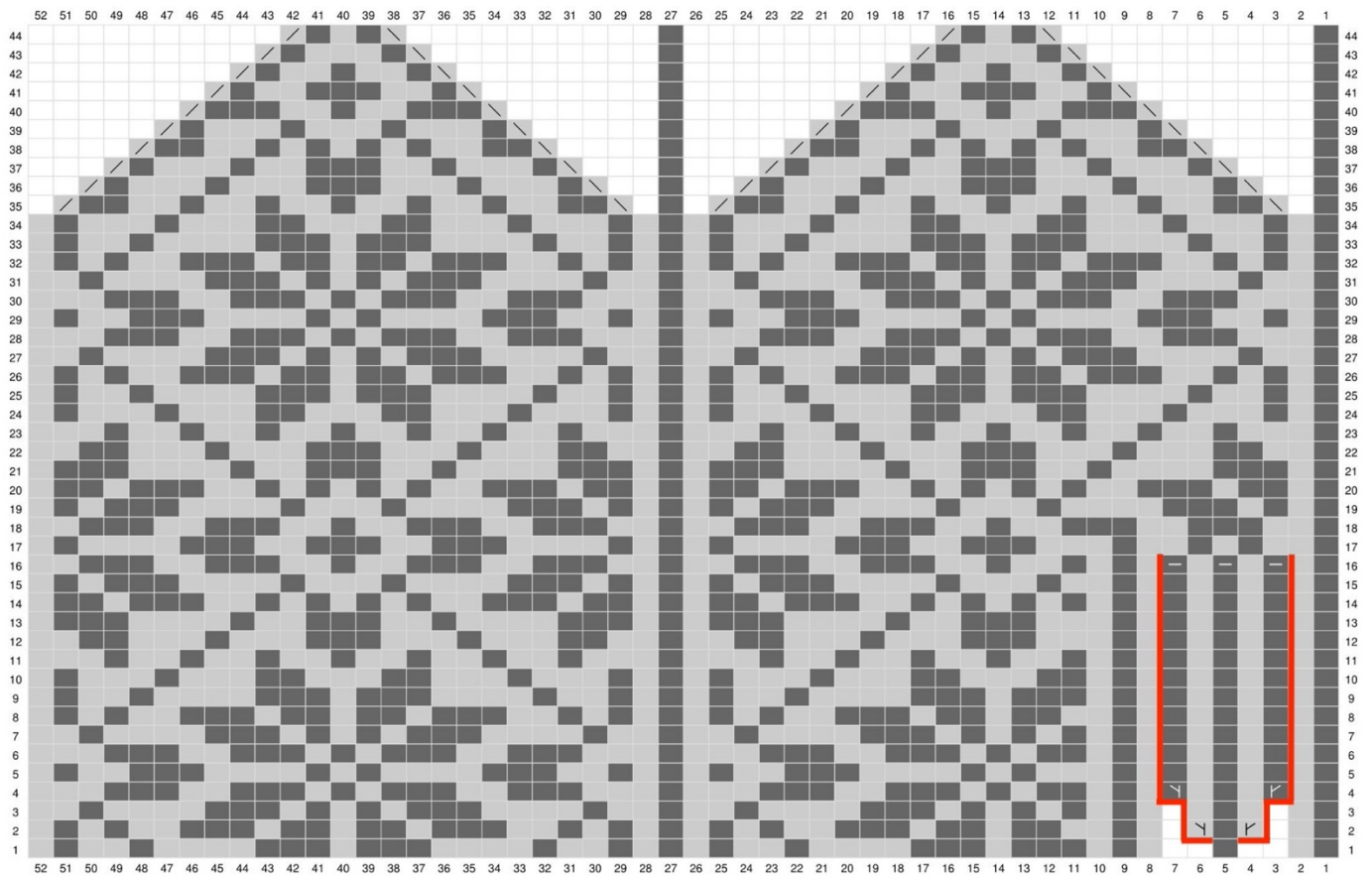


### Diagram 1C: Thumb size 3



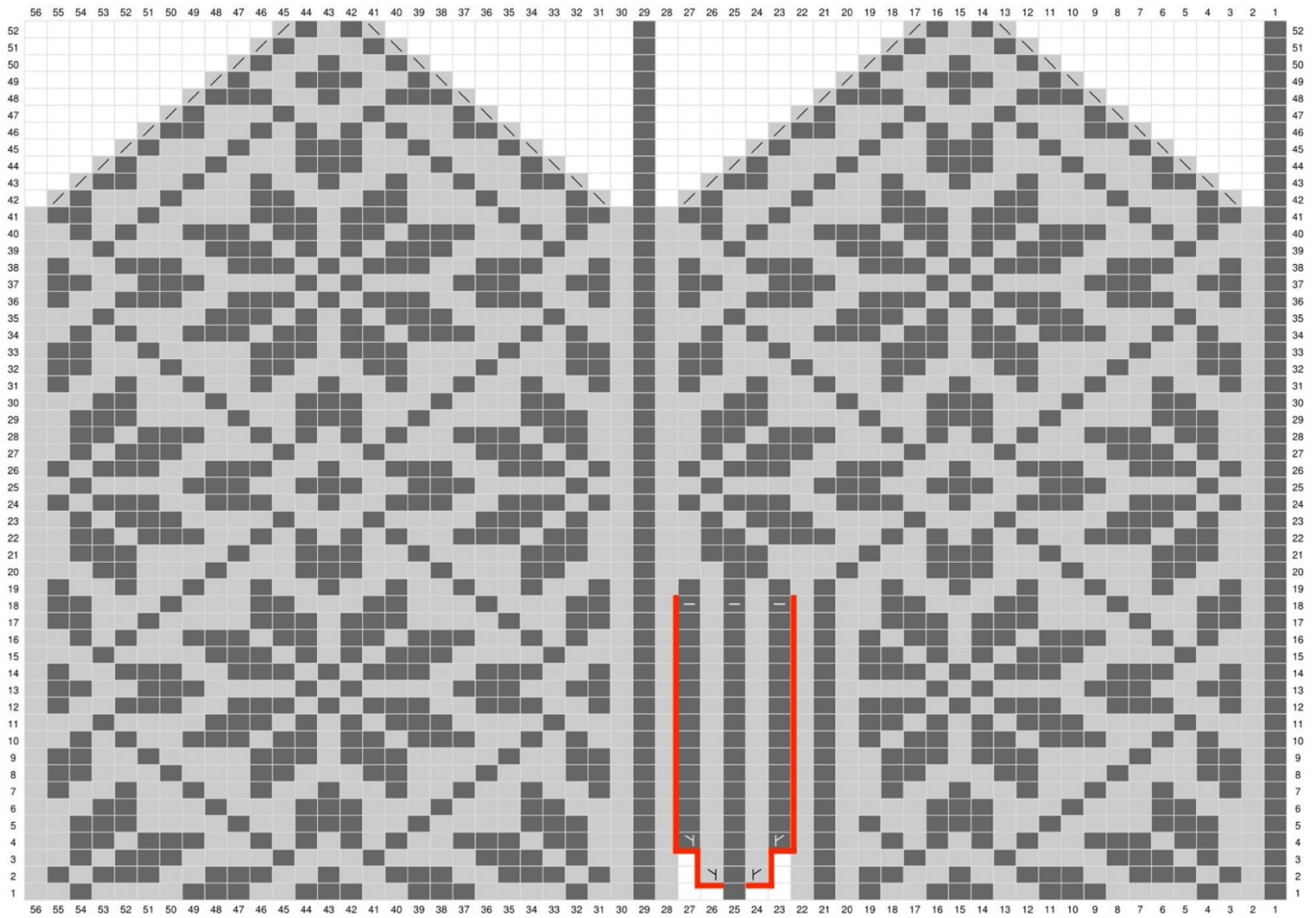
### Diagram 4B: Right Mitten size 3

Make inc for the thumb after working 1 r in Fair Isle on both sides of the 5<sup>th</sup> st in the chart (the 3<sup>rd</sup> st on the needle).

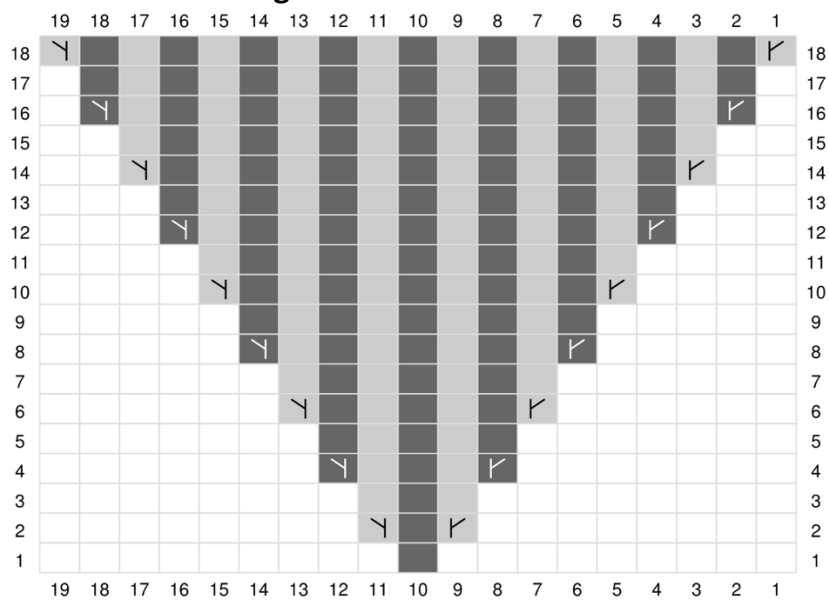


## Chart 5A: Left mitten size 4

Make inc for the thumb after working 1 r in Fair Isle on both sides of the 25<sup>th</sup> st in the chart (the 23<sup>rd</sup> st on the needle).



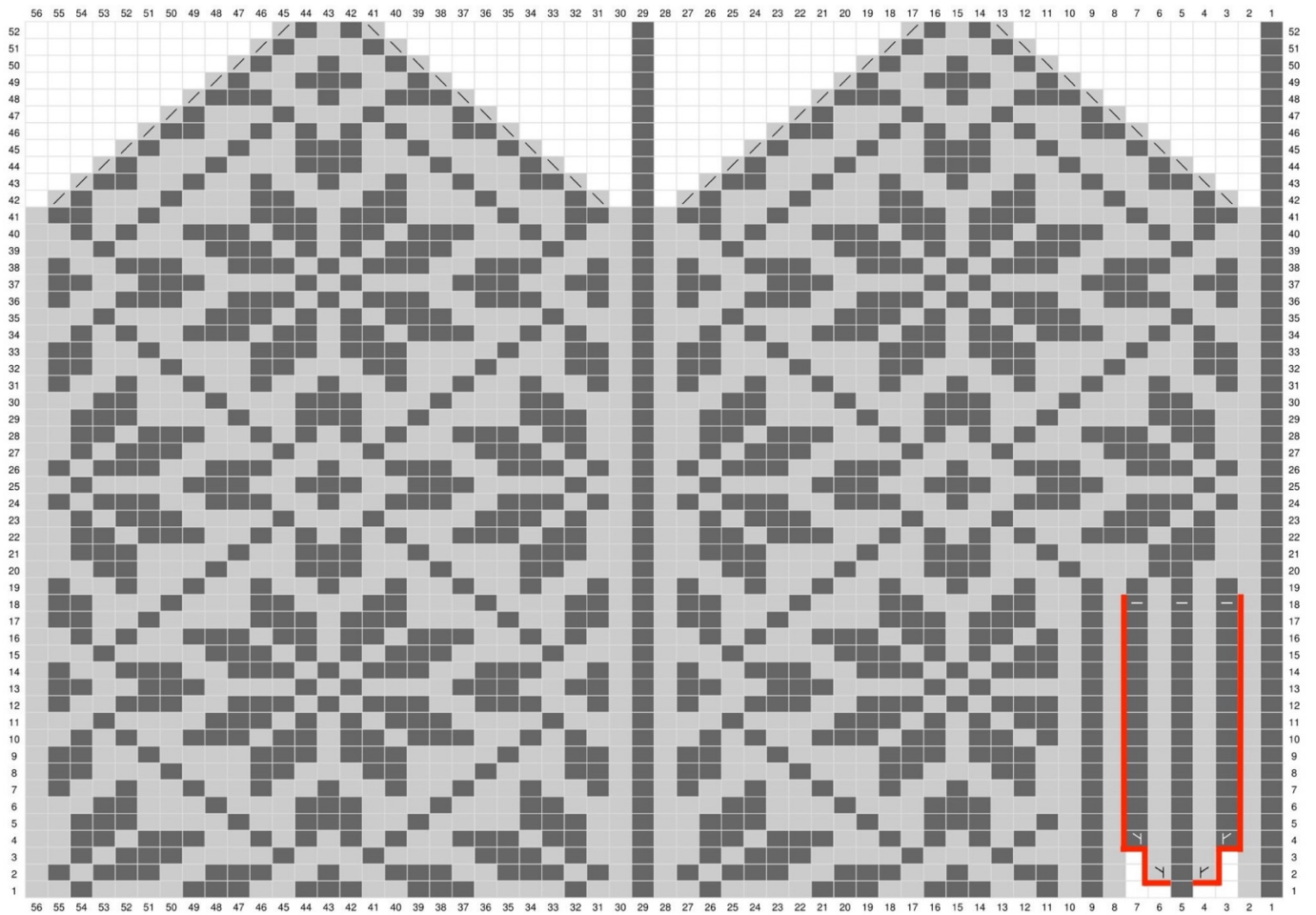
## Diagram 1D: Thumb size. 4





## Diagram 5B: Right Mitten size 4

Make inc for the thumb after working 1 r in Fair Isle on both sides of the 5<sup>th</sup> st in the chart (the 3<sup>rd</sup> st on the needle).



Thank you so much for buying the pattern for Nora Mittens Junior, which is one of my many knitting projects. If you wish to see more, you can follow my knitting profile on Instagram @knitlidt. Feel free to share your version of Nora Mittens Junior on Instagram with #noramittensjunior #knitlidt. Enjoy your knitting and remember to find time to “knitlidt” (knit a bit)!



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